

EASTERN REGION'S SUMMER ACTIVITIES INFORMATION BOOKLET

Summer 2024

UNIQUE EXPERIENCES...

...on summer camps

Congratulations on your participation in a Cadet Summer Activity for 2024. At the Cadet Training Centre (CTC), you will have the opportunity to participate in unique and enriching experiences.

In this booklet, you'll find general details on all the summer activities. The aim is to give you all the information you need for a great experience!

Please note that if you no longer wish to take part in a summer activity, it is imperative that you inform your officers as soon as possible in order to offer the chance to another cadet on standby.





CADET TRAINING CENTRE (CTC)





THE CTC

A wide variety of courses are offered to cadets in their second year of training and above.

There are also opportunities for online training. Courses last from a few days to two weeks.



FOR MORE INFORMATION

VISIT THE CADETS.CA WEBSITE UNDER THE SUMMER TRAINING TAB 

THE VARIOUS CTC FACEBOOK PAGES WILL BE ACCESSIBLE ON JUNE 1.



LEAVE POLICY

As a general rule, leave may be granted on weekends. However, there may be exceptions for certain courses.

For more information, write to the CTC's generic email address or follow us on our Facebook pages.

Please note that the Leave Authorization Form must be completed and submitted.



CORRESPONDENCE

Do you need to write a letter or send an article to a cadet?

Here's the information you'll need to send it:

First and last name
Course title
Complete CTC address





INFORMATION ON CENTRES



Do you have a significant problem about CTCs?

Contact the Regional Cadet Support Unit (Eastern).

Telephone: 514-730-1634 / Email: est-rocc-crco@forces.gc.ca

VALCARTIER CTC



MAILING ADDRESS

Valcartier CTC

2nd Canadian Division Support Base Valcartier
P.O. Boxe 1000, Station Forces
Courcelette (Québec) G0A 4Z0

Phone: 418-844-5000, ext. 3500

Email : CECV@cadets.gc.ca

[@CadetsValcartier](https://www.facebook.com/CadetsValcartier)

SAINT-JEAN CTC



MAILING ADDRESS

Saint-Jean CTC

35 chemin de l'aéroport
Saint-Jean-sur-Richelieu (Québec) J3B 7B5

Phone: 514-617-7017

Email : CEVC@cadets.gc.ca

[@CadetsStJean](https://www.facebook.com/CadetsStJean)

BAGOTVILLE CTC



MAILING ADDRESS

Bagotville CTC

Canadian Forces Base Bagotville
P.O. Box 5000, Station Bureau-chef
Alouette (Québec) G0V 1A0

Phone: 418-677-4000, ext. 7906

Email : CECB@cadets.gc.ca

[@CadetsBagotville](https://www.facebook.com/CadetsBagotville)



END OF COURSE PARADES



JULY

July 27, 2024 - 10 a.m.

Two-week courses, serial 1

AUGUST

August 10, 2024 - 9 a.m.

Two-week courses, serial 2
Four-week courses

JULY

July 13, 2024 - 10 a.m.

Seamanship

AUGUST

August 10, 2024 - 10 a.m.

Ship's Boat Operator
Sail 1 et 2



TRANSPORTATION TO CTC'S



Dress During Travel

You must travel in C3B uniform (boots, trousers, belt, shirt, name-tag, elemental headdress). Rank slip ons, tie and parade accoutrements should not be brought. You must bring the jacket for certain courses (see equipment list).



Group Travel

As of June 3, 2024, cadet corps and squadrons will receive group transportation dates and schedules for cadets going to CTCs. The majority of cadets will travel as a group by charter bus.

You must validate your itinerary 72 hours before departure with your contact officer. He or she will inform you of any changes.

For cadets traveling outside of Quebec, you will receive relevant travel itinerary information from your contact officer. If you still do not have information a week before departure, please contact them.



Travel with Parents

If you live in the immediate area of the CTC, you must report to the CTC at the time indicated on the travel plan provided by the corps or squadron. Parents who wish to take their child directly to the CTC, even if a bus is scheduled, must notify the TCC as soon as possible at MDN.CJRURSCEstJ4Mouv.CJRRCSUEasternJ4Mov.DND@forces.gc.ca.



Travel by Plane

You will receive additional instructions on baggage security during air transport from your contact officer. Cadets must have a valid government-issued photo ID. The name and date of birth must be indicated on the card. (Ex. RAMQ/Health card or passport).



TRAVEL COORDINATION CENTRE (TCC)

To reach a duty officer at any time from June 22 to August 25, 2024, call 1-800-810-2347.

Address:
Montreal Garrison
6560 Hochelaga Street
Building 212
Montreal (Quebec) H1N 1X9

Leaving the Summer Camp

You will be able to leave the CTC with your parents/guardians after the end-of-camp ceremony. You will need to confirm this information the week before your departure.

Parents/guardians must ensure that the details of the persons authorised to leave with the cadet are recorded in the cadet's file. Any request for additions or changes must be addressed to the corps/squadron contact officer as soon as possible.

For those leaving by bus, you will be informed of the schedule and procedure 48 hours before your departure.



Training Allowance

Payment of the cadet training allowance and reimbursement of certain travel expenses will be made by direct deposit.

Cadets can send us the following documents in advance:

- CDT-130 Form and a void check*
- * *The bank account must be in the name of the cadet*

The documents will be filed by an officer from your Corps/Sqn via a secure link on Cadet365.

IMPORTANT : *These documents must not be sent by e-mail!*

Cadets who do not have electronic access may bring their documents in paper form and hand them in to the Financial Services Officer when they arrive at the CTC.


We recommend that you bring approximately \$40 in pocket money and/or your debit card to the CTC for personal expenses.



Cadet365 account


You will need your Cadet365 login before you arrive at the CTC.

Be sure to contact your officers to obtain your cadet e-mail address and password. The cybersecurity awareness course must be completed at least 2 weeks before arriving at camp.

Help resources: visit cadets.ca under the Cadet365 tab. 



CTC T-shirt

It is now possible to purchase a generic cadet training centre t-shirt in advance on the canex.ca website: 

They will also be on sale in CTC canteens over the summer.



Expedition Courses

Cadets attending an expedition course will undergo a fitness test within a few days of arrival.

AVAILABLE SERVICES



Canteen (in the evening)



Barber
(Weekly)



Wifi (in the evening)



Computer lab (evening)



Public phones



Moral support service with
chaplain and Youth Advisor

DISCIPLINE

All participants must abide by the regulations promulgated by the authorities of the CTC including the rules of community life and the Code of Conduct.



Click on the icon to view the Cadet Code of Conduct.



The use or possession of drugs, alcohol, non-prescribed medicines other than those authorised by the parent/guardian or energy drinks is prohibited.



Firearms and bladed weapons (penknives, knives, machetes, flares) are prohibited. Laser pointers, lighters and any other material used to light a flame are prohibited.



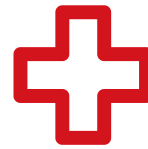
No tobacco or vaping products are sold in summer camp canteens. Possession and consumption of cannabis is prohibited.



Programs are in place to encourage staff and cadets to quit smoking. If necessary, cadets are encouraged to bring their nicotine replacement therapy with them.



MEDICAL INFORMATION



Primary medical services and emergency dental care are available at each CTC. When you receive the Participation Offer, it is important to declare any change in medical condition to the Medical Section. An incorrect declaration (or omission) could, in certain cases, result in a return home before boarding or on arrival at the centre or a change of course on the CEC (if positions are available).



Medication

We strongly encourage cadets with prescription medications to use blister packs (Dispill). Many pharmacies offer this service free of charge. Otherwise, medication must be in its original container with the original label (in French or English). It is requested that cadets arrive with enough medication to cover the entire camp period plus 5 days. Over-the-counter medication are permitted, but cadets may not keep it with them. Medicines must be in their original packaging, sealed and not expired. The form found in Annex C of CATO 16-04 [↗](#) must be completed and signed by the parents so that the cadet has it with him/her on arrival at the centre.



Auto-injector

Cadets at risk of anaphylactic shock **must** carry two (2) unexpired auto-injectors and a copy of the emergency plan with them.



Vaccination

It is recommended that cadets be up to date on their vaccinations as recommended by their home province's immunization program. Up-to-date vaccination to COVID-19 is strongly recommended, but not mandatory, for participation in summer activities. Furthermore, given the increase in cases of measles in the province, we also recommend that you ensure that the cadet is correctly vaccinated against this disease.

Glasses, contact lenses and frames

These items are considered the cadet's personal items. Consequently, it is strongly recommended that the cadet and their parents take out insurance for the repair or replacement of glasses. In addition, cadets who wear glasses must have a spare pair of glasses and a copy of the prescription with them. Cadets are responsible for their eyewear and must reduce the risk of loss and damage (e.g., by wearing a retainer). In the event of damage during the stay at the centre, the staff will coordinate the replacement with the parents and the costs incurred will be paid by the parents.



LIST OF MATERIAL TO BRING



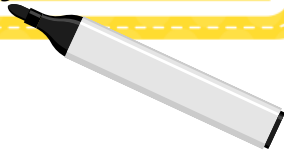
Uniform

- Uniform for transportation:
 - boots
 - trousers and belt
 - shirt and name-tag
 - elemental headdress
- Elemental T-shirt (3)
- Wide-brimmed hat (1)
- Wool socks (2)
- Fleece (winter coat lining) (1)
- Training dress with boots (Sea element)
- Field dress with boots (Army & Air)

Course Specific Clothing and Material

- Sports Courses
 - Additional sneakers
- Drill Courses
 - Jacket
- Music Courses
 - Musical instrument provided by the Corps/Sqn (optional) the instrument is the cadet's personal responsibility
 - Jacket
- Sea Courses
 - Water shoes
 - Clothing suitable for water activities (extra swimwear, etc.)
- Expedition Courses
 - Trekking boots (*optional)
 - Wet wipes
 - Water shoes
- Pilot Training Course (GPTC & PPTC)
 - Additional elemental T-shirt (2)
 - Additional sneakers (GPTC)
 - Non-polarised sunglasses
 - Reusable water bottle
 - TC issued Aviation Document Booklet or the following documents:
 - Proof of citizenship
 - Government issued identification card
 - Passport Photo (1)

Don't forget to identify all your individual equipment with your name, including your clothes!




IMPORTANT, DO NOT FORGET



- RAMQ/Health card (**mandatory**)
- Prescription medication (in the original container/Dispill and with a copy of the valid prescription)
- Pocket money (recommended \$40) and/or your debit card
- Calling card (if needed. Be sure to test the card before departure.)

Documents and forms:

- CATO 16-04, Annex C  (over-the-counter/prescription medicines) completed and signed
- Leave authorization completed and signed
- CDT-130 - Direct Deposit form with void check (If not transmitted via cadet365)
- Original Transport Canada Medical Certificate (GPTC & PPTC only)



LIST OF MATERIAL TO BRING



Civilian Clothing

- Sneakers (1)
- Shorts (2)
- Pants (2)
- Jogging pants (1)
- Sports T-shirt (3)
- Long sleeve shirt (2)
- Cotton socks (7)
- Underwear (7)
- Pajama (1)
- Swimsuit (one-piece sports type) (1)
- Swim cap (1)

Others

- Padlock (2)
- Notebook (like Canada exercise books)
- Pencils and pencil case
- Black shoe wax kit
- Hangers (5)
- Tissues
- Small backpack/water bottle (optional)
- Reusable water bottle
- Electronic device (personal choice)
- Iron (optional)
- Eyewear retainers
- MedicAlert bracelet strongly recommended (allergies/severe health conditions)

Required Personal Items

- Soap/soap dish
- Shampoo/Conditioner
- Comb or hair brush
- Hair accessories (elastics, clips, etc.)
- Toothbrush, toothpaste and dental floss
- Shower sandals
- Washcloth (2)
- Towel (2)
- Antiperspirants / Deodorant
- Laundry soap
- Pads/tampons/feminine hygiene products
- Razor and shaving cream
- Lip balm
- Nail file/cutter
- Sunscreen (30 protection)
- Mosquito repellent



Violent, racist, sexist, alcohol/drug related or offensive symbols are not permitted on civilian clothing.